



Skills for Life

Sensory activity 2

Sound



- Split into groups
- Agree that they are going to be quiet so they can listen
- Get the young people to identify all the sounds they can hear in a given time frame say 15 minutes
- See how many different noises they hear

Some common noises at Glenny:

- Buzz of insects
- Birds
- Horses
- Rustle of leaves in the wind
- Other young people enjoying them selves
- The running stream
- Hand driers
- Crackle of the fire
- Logs being dropped by the fire
- Sizzle of bacon
- Cars in the carpark
- Sirens
- The rumble of the M5.