**Area – Hammocks**

DRAFT

**Section\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

The Leader in charge to review the risk assessment, amend and list any specific hazards that are not covered by the Activity Risk Assessment to meet the needs of their section. As part of this review the Area / Activity Factsheet should be used as a guide and followed

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| **What hazard have you identified?** | **What are the risks from it?** | **Who is at risk?** | **How are the risks already controlled?****What extra controls are needed?** | **What has changed that needs to be thought about and controlled?** |
| Participants becoming bored/disruptive. | Minor injury, serious injury. | Participants. | Ensure adequate and active supervision of participants participating in this activity. Clear instructions and rules to be given prior to the commencement of this activity. |  |
| Slips, Trips and Falls | Minor injury, serious injury. | Participants. | Clear briefing of the ground conditions to be given prior to the commencement of this activity. |  |
| Hammocks being use inappropriately. | Minor injury, serious injury. | Participants. | Clear briefing of the use of hammocks to be given prior to the commencement of this activityOnly one person per Hammock No swinging Care when getting into and out of hammock to avoid falls Hammocks to be attached between designated trees using pre prepared eyes which are numbered  |  |
| Risk of ticks | Minor injury, serious injury. | Participants. | Participants to use insect repellent which repels ticks.To wear light colour clothing so ticks are easier to spot.Carry out a tick check after you’ve been outside - look and feel for attached ticks on you.Use the fly net on the hammock to avoid insects  |  |

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| Weather – hot / cold days | Risk of sunburn, heat exhaustion and dehydration; or hypothermia during activity | Participants | Ensure regular water breaks are taken.If it is hot, ensure participants wear sun cream and hats and there is a shaded area available.If it is cold, ensure participants are wearing suitable clothing to keep warm and have appropriate tog sleeping bags for weather conditions over nightUse the supplied rain tarp cover over all hammocks if rain likely. |  |
| Health and hygiene |  | Participants | Using designated toilet areas for wild camping area only.Water to be available for hand washing prior topreparation and eating of foodParticipants to be reminded of the importance of washing whilst camping.Leaders to fill the water container in the portaloo within shed prior to event.These facilities are checked on a regular basis bythe Leaders. Waste from the portaloo is to be disposed of down adult toilet in the main toilet block as needed during and at the end of the camp.Leave the portaloo clean and tidy for next users. |  |
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