# Area – Knots

DRAFT

**Section\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

The Leader in charge to review the risk assessment, amend and list any specific hazards that are not covered by the Activity Risk Assessment to meet the needs of their section. As part of this review the Area / Activity Factsheet should be used as a guide and followed

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| **What hazard have you identified?** | **What are the risks from it?** | **Who is at risk?** | **How are the risks already controlled?**  **What extra controls are needed?** | **What has changed that needs to be thought about and controlled?** |
| Participants becoming bored/disruptive. | Minor injury, serious injury. | Participants. | Ensure adequate and active supervision of participants participating in this activity. Clear instructions and rules to be given prior to the commencement of this activity. |  |
| Slips, Trips and Falls | Minor injury, serious injury. | Participants. | Clear briefing of the ground conditions to be given prior to the commencement of this activity. |  |

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| Weather – hot / cold days | Risk of sunburn, heat exhaustion and dehydration; or hypothermia during activity | Participants | Ensure regular water breaks are taken.  If it is hot, ensure participants wear sun cream and hats and there is a shaded area available.  If it is cold, ensure participants are wearing suitable clothing to keep warm. |  |