**Area – Confidence Course**

DRAFT

**Section\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date risk Assessment undertaken \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Reviewed and Completed by \_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Next review date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

The Leader in charge to review the risk assessment, amend and list any specific hazards that are not covered by the Activity Risk Assessment to meet the needs of their section. As part of this review the Area / Activity Factsheet should be used as a guide and followed

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| --- | --- | --- | --- | --- |
| **What hazard have you identified?** | **What are the risks from it?** | **Who is at risk?** | **How are the risks already controlled?**  **What extra controls are needed?** | **What has changed that needs to be thought about and controlled?** |
| Apparatus/equipment failure. | Minor injury, serious injury. | Participants. | All apparatus/equipment to be inspected on a regular basis and prior to each session.  Regular inspections to be recorded. |  |
| Adverse weather. | Minor injury, serious injury. | Participants. | Activity to be cancelled if apparatus/equipment is very wet and slippery or if it starts raining heavily. |  |
| Weather. | Hypothermia, sunburn. | Participants/Leaders. | Appropriate clothing to be worn. Adequate protection from sun. Provide drinks in hot weather. |  |
| Slips, trips falls head injuries | Minor injury, serious injury. | Participants. | Recommended helmets worn. Participants to be instructed on safe method of negotiating each piece of apparatus/obstacle. Helmets to be worn. Participants to be kept at a safe distance from each other when negotiating each piece of apparatus/obstacle.  Bluebell plants avoid walking on them as they are very slippery.  Adequate Leader supervision |  |
| Cuts, abrasions. | Minor injury, serious injury. | Participants | Participants to wear appropriate clothing. |  |
| Rope burns. | Minor injury, serious injury. | Participants. | Participants to be instructed on safe method of proceeding along rope apparatus. |  |
| Participants becoming bored/disruptive. | Minor injury, serious injury. | Participants. | Ensure adequate supervision of participants not engaged in activity so as not to distract those on the apparatus/obstacles, unless undertaking a team-work / leadership exercise. Clear instructions and rules to be given prior to activity. |  |

reviewed March 2020