**Pedal Karts**

1. The pedal karts are only to be used on the Sycamore plateau course.
2. We have two large karts, any age group to use these and the small karts for Beavers and Cubs (up to 10 years) age group.
3. Karts should all travel in the same direction
4. Using the road cones provided design your own course, perhaps a figure of eight, a large circle, or something different with lots of twists and bends. The area in front of the shed is the pit lane and not part of the overall course. Please remember to pick up the cones and put back in the shed when finished.
5. Please use the pit land area for change over.
6. The tyres mark the circuit and are there for safety reasons, these should not be moved or ridden on
7. All pedal kart riders must use the helmets provided
8. On the larger two Karts the seat may be changed to enable the rider to reach the pedals. There are specific seat positions. To change you pull the seat out of one place and into the required length. This should be done by hand only. Do not use hammers or other tools to move the seats.
9. There should be nothing attached to the karts.
10. Spectators should be behind the tyres around the edge of the course and should not interfere with the pedal karts or riders.
11. The risk assessment must be reviewed before undertaking this activity and amended to meet the needs of your section.
12. Any damage to karts or track please let us know
13. **Risk Assessment** - We have a draft to assist you in completing your assessment. This can be reviewed at <https://glennywood.org.uk/home/safety/risk-factsheets>
14. There is Hand gel, a pack of wipes and disposal bags provided with this activity. It is however recommended you also bring your own.
15. **Packing away – Pedal Karts**

At the end of your activity the least favourite activity is packing up. Below is a check list to be followed, to help you with the packing up and I hope make things much quicker.....

* Plastic gloves, it is recommended, should be worn
* All helmets to be antiseptic wiped inside and out and then to be placed in the breadbasket above the grass sledges
* All kart handles to be antiseptic wiped and put away clean please, in their spaces and locked.
* Any problems with the karts please let us know.
* Karts Shed to be locked and numeric padlock well scrambled and antiseptic wiped.
* Leaders please ensure this is all completed and not just left to the young people (Young Leaders)
* All wipes taken away with you in the rubbish bag provided.

Any damage please report through booking@glennywood.org.uk

It is important this is done please and not left for others to discover.

Any pictures of the activity you are willing to share please email to [booking@glennywood.org.uk](mailto:booking@glennywood.org.uk)

Reviewed April 21